

√ It Out



Infinitec
infinite potential through technology

November 27, 2018 #12

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Featured Infinitec Stops This Week

Online Classroom Has a New Look

Online Classroom has a new look and search process. The steps for accessing a video are:

1. Click on Online Classroom at the top of the home page.
2. Click on the School tab on the Online Classroom page.
3. Select a Category to Begin your search (choose from the scroll box). If you don't know which category to select, choose All Categories.
4. You can then search by:
 - a. Date, Most-Viewed, or Title.
 - b. General search.
5. Select the video (listed in alphabetical order).

Mindfulness

Wellbeing in School: Coping, Calming & Mindfulness

Presented by Wendy Selnes, Brih Design

This video topic of wellbeing in schools looks specifically at tools that promote wellbeing for students and educators. Included are coping skills that include breathing, present moment awareness through breath and the senses and mindfulness visualization. Benefits of the activities for students and educators are described and a literature review is included. **Running Time:** 48:22 min.; **Learning Credits:** 1.5

The web-map on Infinitec to these resources is:

Sign in to www.myinfinitec.org → on the home page, click on the main tab for Online Classroom → click on School tab → click on Behavior → sort alphabetically or type the video title or presenter name into the search field.

Mindfulness: A Strategy for Building Success & Wellness in the 21st Century Workplace

Presented by Stefanie Patterson, M.Ed., RYT Project SEARCH instructor, Riverview School, East Sandwich, Massachusetts

This archived webinar discusses the use of mindfulness strategies for building success and wellness among people with intellectual and developmental disabilities (IDD) within their worksites. "Mindfulness tools" for participants to incorporate with their students in the classroom and employees with IDD in the workplace are reviewed. Running Time: 1:07:45; Learning Credits: 1.5

The web-map on Infnitec to these resources is:

Sign in to www.myinfnitec.org → on the home page, click on the main tab for Online Classroom → click on School tab → click on Archived Webinars, Behavior, or Transition → sort alphabetically or type the video title or presenter name into the search field.

Webinars: Live

Webinars from Infnitec are free to members. They are found on the bottom right side of the home page. Click on the webinar(s) of your choice to register. All you need is a phone and a computer with internet access. The phone call is free.

On the home page of Infnitec, on the left side of the page, you will find Webinar FAQs to answer all your questions regarding participation in a webinar. You will also find a very helpful Login Guide to Webinars on the home page. (Many webinars have been archived on the website.)

December 4, 2018

3:30 PM CST – 4:30 PM CST

[Full Steam Ahead! STEAM Curriculum for Students with Significant Disabilities](#)

December 6, 2018

3:30 PM CST – 4:30 PM CST

[Mental Health Challenges in Autism: Depression and Suicide](#)

December 11, 2018

3:30 PM CST – 4:30 PM CST

[Positive Strategies to Support Self-Regulation for Students with Autism](#)

December 13, 2018

3:30 PM CST – 4:30 PM CST

[Catatonia & Autism: Hidden in Plain Sight](#)

Share the News:



Tell your district colleagues about MyInfnitec. This resource is too good to not share it!! And best of all, it's free!
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