

# √ It Out



**Infinitec**  
infinite potential through technology

April 30, 2019 #29

<http://www.myinfinitec.org>

Follow us on Twitter: @MyInfinitec

## Featured Infinitec Stops This Week

**Dual Diagnosis for Students with ASD** *Presented by Ruth Aspy, Ph.D.,  
Psychologist, Author & National Speaker*

**Positive Strategies for Supporting Self-regulation:  
Addressing Anxiety, ADHD and Emotional Processing for Students with ASD**

Self-regulation is where successful functioning and independence starts. There is no way to get there without it. ASD presents some challenges to developing self-regulation skills-sensory differences, difficulty with flexibility and change, difficulty focusing on the salient aspects of the situation, difficulty modulating emotions, and challenges understanding the social world. This presentation provides information on how to identify when the characteristics of ASD are interfering with self-regulation. A range of strategies for supporting regulation and building self-regulation skills are discussed.

**Running Time:** 1:12:47; **Learning Credits:** 1.5

**The web-map on Infinitec to this resource is:**

Sign in to [www.myinfinitec.org](http://www.myinfinitec.org) → on the home page, click on the main tab for Online Classroom → click on School tab → click on Autism → sort alphabetically or type the video title or presenter name into the search field.

**Share the News:**



Tell your district colleagues about MyInfinitec. This resource is too good to not share it!! And best of all, it's free!  
**Barb Lhotka, Editor** [barblhotka@embarqmail.com](mailto:barblhotka@embarqmail.com)

## **Group Buys**

News2You, Boardmaker (Tobii Dynavox), Don Johnston, Cadan Assistive Technologies, Attainment, and the Center for Independent Futures are offering discounts on various products. Go to the [Group Buy section](#) found under Membership Services to view the order form and discounts offered. These discounts are available until December 15, 2019. Don't miss the chance to save some money.

## **Webinars: Live**

Webinars from Infinitec are free to members. They are found on the bottom right side of the home page. Click on the webinar(s) of your choice to register. All you need is a phone and a computer with internet access. The phone call is free.

On the home page of Infinitec, on the left side of the page, you will find Webinar FAQs to answer all your questions regarding participation in a webinar. You will also find a very helpful Login Guide to Webinars on the home page. (Many webinars have been archived on the website.)

### **May 2, 2019**

3:30 PM CDT - 4:30 PM CDT

[Hot Off the Press - Updates and Changes to the Illinois AT Guidance Manual](#)

### **May 8, 2019**

3:30 PM CDT - 4:30 PM CDT

[Overview of the Illinois AT Guidance Manual by Dr. Brian Wojcik](#)

### **May 14, 2019**

3:30 PM CDT - 4:30 PM CDT

[Consideration, Provision, & Implementation - IL AT Manual by Dr. Wojcik](#)

### **May 22, 2019**

3:30 PM CDT - 4:30 PM CDT

[AT Program Development and UDL - Illinois AT Manual by Wojcik](#)

### **Share the News:**



Tell your district colleagues about MyInfinitec. This resource is too good to not share it!! And best of all, it's free!  
Barb Lhotka, Editor [barblhotka@embarqmail.com](mailto:barblhotka@embarqmail.com)